

Written instructions that support the child's Head Start/Early Head Start experience and curriculum should be listed below or attached to this sheet.

Teacher's written instructions:

Taking care of one's own needs: Good oral hygiene is an important part of your child's health. Taking care of one's own needs and demonstrating gross motor skills, including using fingers and hands are part of our school readiness goals. Attached is a "Training for a Superhero Smile" home activity you can complete over the next 28 days.

Objectives: 1c-takes care of own needs, 6-demonstrates gross motor skills, 7A-uses fingers and hands

What did you and your child like about this activity?

What did you and your child not like about this activity?

Please list any comments or suggestions:

How much time did you spend completing the activity? (select one)

30 minutes 45 minutes 1 hour 1 hour and 15 minutes

1 hour and 30 minutes Other: _____

Parent's Name: _____ Parent's Signature: _____

Child's Name: _____ Date: _____

In order for in-kind to be counted this completed form must be returned in ink.

Colgate®

BRIGHT SMILES,
BRIGHT FUTURES™



Bright Smiles Family Pledge



We'll brush our teeth at least twice a day with fluoride toothpaste — it's the only way!

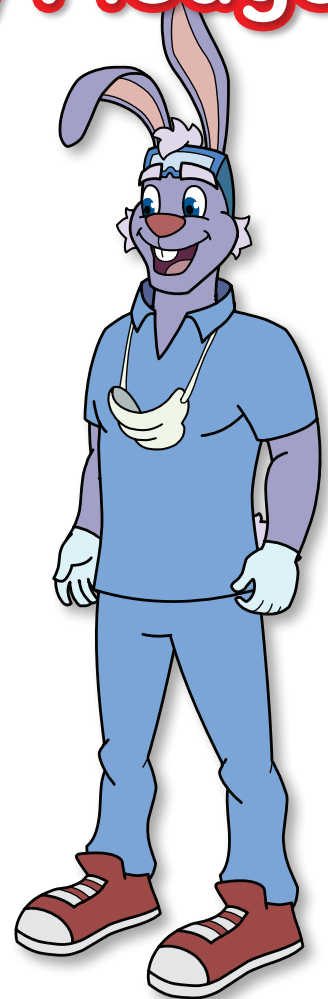


We'll limit our snacks — and floss daily too because fighting plaque is important to do.



For a partner who'll help us keep our teeth strong, we'll visit the dentist twice a year our whole life long.

Our family will make sure our smiles stay bright as we brush every morning . . . and every night.



Signed:

Child: _____ Date: _____

Parent: _____ Date: _____

