Take some time to...

Sing, Dance, and Be Silly!

For infants and toddlers:

Dancing and singing can be a great release for your children! Children can learn SO many things through music and dancing, It can also change their mood around to laughing and smiling very quickly ©

YouTube is a great resource to pull up digital books, and songs- when you pull up songs/books there is a lot of videos of people or characters for your children to follow along with!

- Going on a Bear Hunt-video on YouTube actions and songs along to go along with it https://www.youtube.com/watch?v=Wzlcu6tbEko
- The Monster at the End of this Book-YouTube story and Grover reading acting it out https://www.youtube.com/watch?v=uf6U9vH5ovI
- Song: Baby Shark
 - o Get Back Up Again-Trolls
 - Everything Is Awesome- Leggo Movie
 - The Gummy Bear Song

This activity helps with.. Following Directions Obj. 8b, Demonstrates Gross motor skills Obj. 6