Head Start Home Activities

Mon

Sing your child's favorite song together. Obj.33 Music & English Language Arts minutes spent on activity 15 30 45 60	Play restaurant with play money, menus, receipts, and telephones. Obj.10,17,20 English Language Arts, Social Studies, &Mathematics minutes spent on activity 15 30 45 60	Go outside and count the flowers. Mathematics Obj.20 minutes spent on activity 15 30 45 60	Write out your grocery list with your child then have your child mark the items off the list while grocery shopping. English Language Arts Obj.10,17 minutes spent on activity 15 30 45 60	Play a board game with your child to provide opportunity to learn math concepts (finding patterns, counting). English language Arts & Mathematics Obj.10,11,20,23 minutes spent on activity 15 30 45 60
Read your favorite story together. Have your child tell something that a favorite character did in the story. Obj.10,17,18 English Language Arts minutes spent on activity	Play a relay race with your child. Obj.6 Physical Education and Health minutes spent on activity	Have your child draw a portrait of themselves and/or their family. Social Studies & Visual Arts Obj.7,29,33 minutes spent on activity	Go on a scavenger hunt for shapes in your home and outside. Mathematics & Science Obj.11,21 minutes spent on activity	Complete a puzzle together. Then take a puzzle piece away and see if they can describe what was on the missing piece. English Language Arts & Mathematics Obj.10,21,23 minutes spent on activity
Make a snack with your child. Have them help measure ingredients and discuss quantity. Obj.20.22	Have your child dictate a story to you to write down. Prompt your child to "tell me more" to encourage more descriptive language and	Go for a walk and talk about the different types of plants you see.	Have your child choose an object and put it over, under, and beside them.	Make a musical instrument by using items around your house.
Mathematics English Language Arts, Visual Arts ,& Social Studies minutes spent on activity 15 30 45 60	Words. Obj.9,10English Language Artsminutes spent on activity15304560	Science Obj.6,27 minutes spent on activity 15 30 45 60	Physical Education and Health Obj.7,21 minutes spent on activity 15 30 45 60	Obj.34 Music minutes spent on activity 15 30 45 60
Give your child paper and scissors and let them practice cutting. Obj.7 Physical Education and Health	Practice your address with your child. Obj.32 Social Studies	Read a familiar story together. Have your child identify the beginning, middle and end of the story. English Language Arts Obj.17,18	Use a container and measure the rain. Obj.20,22 Mathematics	Count with your child. See how high you can go. Obj.20 Mathematics
minutes spent on activity	minutes spent on activity	minutes spent on activity	minutes spent on activity	minutes spent on activity



Thu

Wed

Tue



Fri

Parent's Signature