

## HEAD START EARLY HEAD START

**Activity:** Daily Chores

**Instructions**: Simple chores can give young children a since of purpose. Choose a few chores to talk about with your child. Explain to your child what a chore is and create a list of chores that your child is responsible for. Young children need reminders when something is new. Give your child reminders about their chores and show them a few times how to complete the chore. A few examples of chores for young children are below.

Chores for young children

-pick up toys -feed/water pets

-water plants -pick up sticks/yard debris

-set table -fold laundry

-make bed

**Learning Objective**: Daily chores teaches children responsibility and allows them to learn to take care of their own needs by doing things independently. 1b, 8b, 11a, and 11c.

